

Prayer & Fasting Paradigm/3-D Approach

Neh 1:1-4; Isa 6:1-5

- Week 1: UPWARD
 - Focus: renewed awareness of His Holiness
 - Be Reverent (Ps 33:8; 111:9)
- Week 2: INWARD
 - Focus: revealed personal sin (Ps 4:4; 77:6; 90:8)
 - Be Holy (1 Pet 1:16)
- Week 3: OUTWARD (1 Sam 12:23;
 - Focus: regard for the needs of others
 - Be an Example (1 Cor 11:1; Titus 2:7)

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1. **UPWARD**

Pray for a fresh revelation of God's holiness

Pray for awareness of what pleases our Father

Pray for a healthy fear of God and a desire to forsake anything that displeases Him

2. **INWARD**

Pray that the Father will reveal to you what He sees in you (Ps 139:23-24)

Pray for complete obedience to His known will

Repent of all weak excuses for disobedience

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3. **OUTWARD**

Pray for a heart for the **harvest**

Pray for a sensitivity to the needs of others

Pray to be an **example** to others

Pray that your **speech** edify other (Eph 4:29)